


Changes Necessary to Include Optometry in the Graduate Medical Education Program (GME)

**Presentation to the Association of
Regulatory Boards of Optometry (ARBO)**

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Major Issues

- ❑ **Clinical education is inherently inefficient and expensive with costs likely to rise. Costs are often passed on to students in the form of higher tuition and debt .**
- ❑ **Annual expenditure on optometric clinical education is over \$100 million with no Federal Support.**
- ❑ **Federal government provides \$10 billion of GME funding annually to medicine, dentistry and podiatry to support residents, faculty, program overhead and clinical care costs.**
- ❑ **Optometry currently provides \$1 billion in Medicare services annually, but is not included in GME, the educational component of Medicare.**
- ❑ **Student-provided services are not billable to Medicare.**



Why Change the Optometric Clinical Training Model

- **Optometric clinical training is not consistent with the medical training model which GME recognizes:**
 - No nation-wide licensure requirement for post graduate training. (Only AR and DE require PG training.)
 - No nationally recognized specialty training programs & certification boards.
 - Training is not primarily hospital-based.
 - Consequently, HHS does not recognize current optometric residents.

- **However, functionally the optometric clinical education model is similar to the medical model—4th year equivalent to first year medical internship/residency.**



Today's Objectives

- **Discuss a new Clinical Training Model and additional requirements that will position optometry for inclusion in GME and ensure Medicare compliance for 4th (final) year trainees.**
- **Discuss the benefits of inclusion in GME.**
- **Delineate the issues associated with implementation of a new model.**
- **Encourage AOA, ASCO and ARBO to consider a New Clinical Training model as well as explore other strategies to position optometry for inclusion in GME and address related issues.**



Medicare Compliance

- ❑ **With minor exceptions, optometric students are NOT permitted to contribute to Medicare services.**
- ❑ ***In clinical education settings, the billing physician (preceptor) must repeat essential elements of the examination, ignore student findings, document all findings personally, and write a treatment and management plan. Applies to college operated clinics, affiliated facilities and externships – anytime when students participate in care.***
- ❑ **If students participate (practice) in care of Medicare patient, the preceptor must be in the room with the student.**
- ❑ **A claim submitted by the billing physician (preceptor) for services that he/she did not personally perform is a violation of Medicare policy and considered a false claim.**
- ❑ **Penalties for false claims may be assessed: \$5,500 to \$11,000 plus three times the amount of damages for each claim.**



Student Participation Limited with Insurers

- ❑ **After it self-disclosed to the OIG, a university-based optometry school paid a fine of \$603,522 for improperly claimed services provided by third and fourth year optometry students. (7-25-2011)**
- ❑ **Medicare compliance standards may also be applied by Medicaid and private insurers.**
- ❑ **Students' are limited to documenting Review of Systems, Family and Social History with insured patients.**
- ❑ **Medicare and Medicaid have aggressive auditing programs and scrutiny is likely to increase.**



Recommended Action

- ❑ **Change the optometric clinical training model and state requirement for licensure to conform to the medical model and terminology.**
- ❑ **Award the OD degree after the third year and require one year of post-graduate training (internship/residency) for permanent licensure. Training license required?**
- ❑ **Accredit individual PG training programs and recognize certification boards.**
- ❑ **Establish an umbrella certification board to ensure high standards.**
- ❑ **Current residents become PG-2 and PG-3 & PG-4 Fellows would all be eligible for GME funding & specialty board certification.**



Existing Three Year Programs

- ❑ **Two Canadian Medical Institutions have three year programs.**
- ❑ **Texas Tech (MD) and Lake Erie College (DO) offer three year programs.**
- ❑ **The Carnegie Foundation for the Advancement of Teaching study recommends all medical schools consider a three year option.**
- ❑ **Optometry colleges already offer two and three year OD degree programs to qualified individuals**
- ❑ **NECO has 2 & 3 year programs. Salus a 3 year program.**



Benefits of Inclusion in GME

- Annual infusion of millions of dollars of GME funding would have significant impact on the cost and quality of optometric clinical training. GME paid \$95,000 per resident to teaching hospitals in 2010.
- Potentially reduce student debt. Stipends are paid to interns/residents and no tuition charged.
- New interns/residents may contribute to Medicare billable services with proper supervision.
- Facilitates the inclusion of optometric training in academic medical centers, hospitals and other health care facilities. GME funds would be awarded to facilities.
- Provides traditional avenue for Board Certification.



New Educational Model: Challenges & Issues

- ❑ The cost of reforming the curriculum and transition to a new financial model.
- ❑ PG training programs accredited and certification board (s) recognized.
- ❑ NBEO consulted. Examination sequence altered.
- ❑ Concern that optometry is no longer a four year curriculum. Is it now? Are 4th year students really students or are they interns/residents?
- ❑ Eventually, all optometric schools and colleges need to implement the new clinical training model to be eligible for GME.



Internal Actions Required

- ❑ **Realign clinical training model and terminology to conform to medical model.**
- ❑ **Address all issues associated with a significant changes to the curriculum and clinical training model.**
- ❑ **Develop a financial transition plan to convert from 4th year tuition to GME support. Reduce dependency on costly campus-based clinics.**
- ❑ **GME payments are made to the clinical entity and not the college. Review/change structure of the clinical facility.**
- ❑ **SUNY and NECO have separate corporate entities.**



Political Actions Required to be Included in GME

- **Social Security Act amended by inserting optometry in GME language.**
 - Seek exception to hospital-based requirement.
 - Podiatry successful in amending Act in 1972.

- **All state optometric laws/regulations amended to require a minimum of one year post graduate training for licensure.**

- **Specialty training programs and certification boards recognized.**

- **Complete optometric manpower and state of optometric education studies to support advocacy (lobbying).**



A Bold Move-Yes, But So Were...

- ❑ **Expansion of state laws to permit pharmaceuticals and advanced clinical procedures in optometry.**
- ❑ **Inclusion of optometry in Medicare.**
- ❑ **Expansion of optometric clinical education into community health centers, Federal facilities, and other health care facilities.**
- ❑ **Optometric college relationships/affiliations with ophthalmology**
- ❑ **Creation of VA Optometry Service-largest clinical training program for optometry students, residents and fellows.**



Conclusion

- **Inclusion in GME addresses:**

- Work force development (supply), growth in demand for eye care services, funds to offset increasing clinical training costs and Medicare compliance for 4th year trainees (new interns/ residents).**

- **Inclusion in GME requires:**

- Implementation of a new clinical training model, post-graduate training requirement for licensure, accreditation of PG training programs and recognition of certification boards.**

- **Compliance issues for 2nd and 3rd year optometry students also need to be addressed. See subsequent slides.**



Major Paradigm Shift is Recommended for 2nd and 3rd Year Students

- **New clinical training approaches are recommended not only to include 4th year trainees in GME, but also to more efficiently address insurance compliance issues for 2nd and 3rd year students who participate in patient care.**
- **Faculty/attendings should be in direct charge of the patient rather than in charge of several students.**
- **There are also significant educational and financial benefits to patient-centered clinical training .**



Benefits of Patient-Centered Training: The Successful Medical Model

Excellent clinical teaching occurs best in the context of excellent doctoring and role modeling of exceptional care.

- ❑ Faculty would be expected to drive the performance of the clinical program both with patient volume and revenues.
- ❑ The Institution is better able to recruit and retain highly qualified clinicians at market rate incomes with expectations that their income will be paid through increased revenues.

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